



Fiesta OMELET TACO

INGREDIENTS

- 50 S.M.A.R.T. Catallia™ 6" Whole Wheat Tortillas (item 40016)
- 50 pieces Sunny Fresh™ Fiesta Omelet, fully thawed (item 40187)
- 1 10# can Refried Beans, Pinto or Black Beans
- 5 lbs. Chopped Tomatoes, drained
- Prepared Taco Sauce
- Sour Cream (optional)



PREPARATION

- Preheat Convection oven to 350°F
- Place 1 omelet piece on half of open tortilla
- Fill with 2 oz. scoop of beans and a 2 oz. scoop of tomatoes
- Fold in half and hold in hotel pan covered in foil
- Place pans in oven and heat for 12-15 minutes or until tacos reach 140°F
- Serve with sour cream if desired

NUTRITION FACTS PER SERVING

1 prepared taco

Calories	280 kcal	Total Carbohydrate	31 g
Total Fat	12 g	Dietary Fiber	7 g
Saturated Fat	4.5 g	Total Sugars	2 g
Cholesterol	175 mg	Protein	15 g
Sodium	980 mg		

*Nutrients per serving may vary when alternative ingredient or preparation is used.



For more recipe inspiration, check out our website at www.Catallia.com